

Employment Solutions Society

Resource Guide

All information provided is accurate to Employment Solutions Society knowledge. Changes to services or hours of operation may depend on Nova Scotia's Health authority and protocols during the COVID-19 pandemic.



NOVA SCOTIA WORKS

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Finding Work

Who?	What?	When & Where?
<p>Employment Solutions Society, a Nova Scotia Works Employment Service Centre</p>	<p>At Employment Solutions Society, we help Nova Scotia’s employers with recruitment, planning and HR support and we help individuals with career planning, job searching and on-the-job development.</p> <p>Our team helps clients navigate a range of programs and services that will aid their success.</p> <p>Our mission is to enhance the employability of all individuals in our community through learning and inclusive services. Our services are free and are for everyone in Lunenburg and Queens County.</p>	<p>Bridgewater: 8:30-4:30 Monday to Friday 215 Dominion St., Bridgewater, NS B4V 2K7 Phone: (902) 543-2479 Toll Free: 1-866-711-0411 Fax: (902) 543-0284 empsolutions.ca email: info@empsolutions.ca https://www.facebook.com/NovaScotiaWorks/</p> <p>Liverpool: 8:30-4:30 Monday to Friday (closed from 12-1pm) 176 Main Street, Liverpool NS BOT 1K0 Phone: (902) 356-2039 Toll Free: 1 (866) 711-0411 Fax: (902) 356-2269 empsolutions.ca email: ebagnald@empsolutions.ca https://www.facebook.com/NovaScotiaWorks/</p> <p>Chester: 9:00-4:00 Tuesdays & Fridays 3769 Highway #3 (inside Our Health Centre), Chester, NS B0J 1J0 Phone: (902) 275-8178 Toll Free: 1 (866) 711-0411 Fax: (902) 543-0284 empsolutions.ca email: jlecky@empsolutions.ca https://www.facebook.com/NovaScotiaWorks/</p> <p>Hubbards: 8:30-4:00 Mondays & Wednesdays 10 Pte. Richard Green Lane (inside Aspotogan Heritage Trust Society) Hubbards, NS B0J 1T0 Phone: (902) 275-8178 Toll Free: 1 (866) 711-0411 Fax: (902) 543-0284 empsolutions.ca email: jlecky@empsolutions.ca https://www.facebook.com/NovaScotiaWorks/</p>

Who?	What?	When & Where?
<p>Southwest Employment Services, a Nova Scotia Works Employment Service Centre</p>	<p>Southwest Employment Services is now a Nova Scotia Works Employment Services Centre. We help Nova Scotia's employers with recruitment, planning and HR support and we help people with career planning, job searching and on-the-job development. Our employees help clients navigate a range of programs and services that will aid their success.</p> <p>Southwest Employment Services is a designated Bilingual Centre.</p> <p>Our Mission</p> <p><i>Southwest Employment Services strives to work in partnership with the community to create innovative approaches for youth, parents, job seekers, including those with barriers, to integrate themselves in to the labour market, and for employers who need to recruit, manage, and retain employees.</i></p>	<p>Yarmouth Office: 8:30am – 4:30pm Monday to Friday Pier One Complex 103 Water Street Yarmouth, NS B5A 4P4 Toll-free: 1-866-868-9673 Phone: (902) 742-5859 Fax: (902) 742-5861 E-mail: info@swemployment.com Website: www.swemployment.com</p> <p>Shelburne Office: 8:30am – 4:30pm Monday to Friday Kings Corner 25D King Street PO Box 328 Shelburne, NS B0T 1W0 Toll-free: 1-866-868-9673 Phone: (902) 875-2200 Fax: (902) 265-2120 E-mail: info@swemployment.com Website: www.swemployment.com</p> <p>Barrington Office: 8:30am – 4:30pm Mondays, Wednesdays and Thursdays Library & CED Centre 3588 Highway 3 Barrington Passage, NS B0W 1G0 Toll-free: 1-866-868-9673 Phone: (902) 637-3015 E-mail: info@swemployment.com Website: www.swemployment.com</p> <p>Lockeport Office: 8:30am – 4:30pm Fridays 26 North Street Lockeport, NS, B0T 1L0 Toll-free: 1-866-868-9673 E-mail: info@swemployment.com Website: www.swemployment.com</p>

Who?	What?	When & Where?
Women Unlimited	Helps unemployed and underemployed women explore, prepare for, obtain and maintain employment in the trades and technology fields.	Program Coordinator: 902-527-1053 Fax: 902-527-1204 Toll-Free: 1-877-527-1053 Email: jeannie.eisnor@nsc.ca
Acadia Entrepreneurship Centre	Innovation and Incubation Services, Older Worker Program, Personal Entrepreneurship, Self-Employment Program	821 King Street, Unit 2, Douglas Centre Bridgewater, NS B4V 1B1 1-877-232-2723 T: (902) 543-1067 http://www.acadiaecentre.com/ 7 Henry Hensey Drive, Liverpool, NS B0T 1K0 1-877-232-2723 T: 902-350-6818 http://www.acadiaecentre.com/
South Shore Work Activity Program (SSWAP)	Want to make a change to your life? Need work experience? Looking for employment skills training? South Shore Work Activity Program (SSWAP) assists people from Lunenburg and Queens counties to get employed and stay employed as well as to work through any personal, physical or social challenges. We provide in-house instruction and counselling as well as on-the-job training at our location. Our program is free. We provide a training allowance and can also assist with transportation. Call or e-mail us for more information.	Chester: 8:00 am - 4:00 pm Monday to Friday 23 Collicutt Road, Chester NS B0J 1J0 Phone: (902) 275-5585 Fax: (902) 275-2249 sswap.ca Email: info@sswap.ca

Who?	What?	When & Where?
Nova Scotia Health	<p>Nova Scotia Health is the largest provider of health services in Nova Scotia, with some specialized services also offered to clients throughout Atlantic Canada. We're on a mission to achieve excellence in health, healing and learning through working together, which is reflected in the hospitals, health centres and community-based programs we operate across the province. Our passionate team of professionals provides a variety of high-quality inpatient and outpatient services including academic, tertiary, and quaternary care, as well as continuing care, primary health care, public health, and mental health and addictions. Join a diverse team of innovators, collaborators and creative thinkers today. Career opportunities are available in communities across Nova Scotia for caring, dedicated people who share our mission - Working together to achieve excellence in health, healing and learning.</p>	<p>South Shore: Visit us online at https://jobs.nshealth.ca/</p> <p>Or contact us via email based on your location:</p> <p>Annapolis, Kings, Digby, Shelburne, Yarmouth, Lunenburg and Queens Counties recruitment.services-wz@nshealth.ca</p>

Community Supports

Who?	What?	When & Where?
The South Shore Family Resource Association manages four family resource centres in the Western Zone of Nova Scotia.	The SSFRA Provides free family resource programming to families in Lunenburg, Digby, Queens and Shelburne Counties. Our mission is to work together with families to promote the well-being of children through partnerships, programs and resources.	<p>Better Together Family Resource Centre</p> <p>Open Monday – Friday 9:00 – 4:00 and Friday's 8:30 – 12:30</p> <p>821 King Street, Unit 11 Bridgewater, NS B4V 1B7</p> <p>Phone: (902)543-3119 Fax: (902)543-1828</p> <p>General inquiries: gail@southshorefamilyresource.org</p>

Who?	What?	When & Where?
		<p>Website: https://www.southshorefamilyresource.org/</p> <p>Facebook Page: https://www.facebook.com/Better-Together-Family-Resource-Centre-Lunenburg-County-101490878098683</p> <p>Queens Family Resource Centre Open 8:30-4:30 Monday to Friday. 40 Water Street, Unit 2, P.O. Box 178 Liverpool NS B0T 1K0 Phone: (902) 354-7176 Fax: 902 354 2382 General inquiries: traci@southshorefamilyresource.org or qfrc@ns.aliantzinc.ca</p> <p>Website: https://www.southshorefamilyresource.org/</p> <p>Facebook Page: https://www.facebook.com/Queens-Family-Resource-Centre-Queens-County-108518417382994</p> <p>Shelburne Family Resource Centre Open Monday – Thursday 8:30 – 4:30 157 Water Street, Unit L 5, PO Box 532 Shelburne, NS B0T 1W0 Phone: (902)875-3256 General inquiries: sandrahemeon@bellaliant.com</p> <p>Website: https://www.southshorefamilyresource.org/</p> <p>Facebook Page: https://www.facebook.com/King-Street-Family-Resource-Centre-Shelburne-County-103694677874223</p>

Who?	What?	When & Where?
		<p>The Family Centre Digby Open Monday – Friday 9:00 – 4:00 1 Birch Street Digby, NS B0V 1A0 Phone: (902)245-2300 Fax: 902 245 2311 General Inquiries: kathleenharris2018@outlook.com Facebook Page: https://www.facebook.com/The-Family-Centre-727591353945422/</p>
Department of Community Services	<p>The Department of Community Services is committed to a sustainable social service system that promotes the independence, self-reliance, and security of the people we serve. This will be achieved through excellence in service delivery, leadership and collaboration with our partners.</p>	<p>Queens District Office 123 Henry Hensey Drive P. O. Box 1360 Liverpool, Nova Scotia B0T 1K0 Child Welfare Services & General Inquiries Phone: 902-354-2771 or 902-354-3525 Fax: 902-354-7460</p> <p>Lunenburg District Office. Provincial Building 99 High Street Bridgewater, Nova Scotia B4V 1V8 Child Welfare Services & General Inquiries Phone: 902-543-5527 or 902-543-4554 Fax: 902-543-6186 Outside of business hours: 1-866-922-2434</p>
Freeman House	<p>Provides underserved children, youth, adults and families with supports, services and advocacy focusing on individual needs.</p> <p>Services include: Youth Outreach, Family Connections, Men’s Programs, Supported Access to Primary Healthcare, Housing Support and Trusteeship.</p>	<p>Two locations: Youth Outreach, Family Connections and Trusteeship can be found at 48 Empire St., Bridgewater, NS, B4V 2L4</p> <p>Men’s Programs and Housing Supports can be found at 629 King St., Bridgewater, NS, B4V 1B5</p> <p>902-543-7444 http://fsawns.com/</p>

Who?	What?	When & Where?
		Facebook/Instagram/Twitter - Freeman House
Second Story Women's Centre	Supports women and gender-oppressed people, provides safer spaces, and advocates for social change. Provides: Support, counselling, referrals, personal development, advocacy, volunteer engagement, wellness programs, youth programs and social opportunities.	<p>Hours As of April 26, 2021, Second Story Women's Centre staff are working from home until further notice due to COVID-19. MONDAY/TUESDAY/THURSDAY / 10am - 4pm WEDNESDAY / 11AM - 4 PM FRIDAY / 10am - 1pm (Staff working remotely)</p> <p>*Please note the Centre is closed and staff work from home when school is cancelled due to snow*</p> <p>OFFICE PO Box 821, 18 Dufferin Street Lunenburg, Nova Scotia, B0J 2C0</p> <p>Contact Info Phone 902-640-3044 Email: info@secondstory.ca</p> <p>PO Box 821, 18 Dufferin Street Lunenburg, Nova Scotia, B0J 2C0 Contact Info: Phone: 902-640-3044 Email: info@secondstory.ca</p> <p>Website: https://www.secondstory.ca</p>

Who?	What?	When & Where?
YREACH	Provides information, orientation and settlement support to immigrants and Temporary Foreign Workers and their families who are new to communities across the province of Nova Scotia.	Lunenburg County YMCA 902-543-9622 75 High St., Bridgewater, Nova Scotia For updates visit https://ymcalunenburgcounty.org
La Leche League	Provides one-on-one and group mother-to-mother, peer-to-peer breastfeeding support. All breastfeeding, chest feeding and pregnant parents are welcome to attend our free meetings.	Virtually Meets 2 nd and 4th Friday of the Month. Contacts: linda.wieser@lllc.ca (902-531-2044) mary.dillon@lllc.ca (902-543-4988) Leslie.yip@lllc.ca (902-292-8592) Sarah.storm@lllc.ca (902-299-0424)
Community Wheels	<i>Community Wheels</i> is a community-based transportation service offering transportation to ALL residents of the Municipality of the District of Chester, who need a ride. It is intended to offer transportation for such purposes as medical appointments/services, banking, grocery shopping, recreation, socialization, etc.	23 Collicutt Road, PO Box 187, Chester, Nova Scotia B0J 1J0 902-273-2440 commwheels@sswap.ca www.communitywheels.ca https://communitywheels.ruralrides.ca / All rides must be booked in advance!
Bridgewater Transit	Since September 2017, the Town of Bridgewater offers a public transit service that connects where people live to key destinations around Town. The 28-passenger bus is wheelchair accessible and travels the route once per hour.	https://www.bridgewater.ca/our-town/visitor-information6/bridgewater-transit 60 Pleasant St., Bridgewater, NS B4V 3X9 Tel: 902-543-4651 Emergency After Hours Tel: 902-543-5142

Who?	What?	When & Where?
Maritime Bus	Connecting NB, PEI, and NS every Monday, Wednesday, Friday and Sunday for passengers and parcel shipping.	Tel: 1.800.575.1807 Email us at info@maritimebus.com
Harbour House	Mission is to: Empower Women, offer safety, comfort and hope, support and educate the community, promote equality on the South Shore.	<p>Box 355 Bridgewater, NS B4V 2W9 24-Hour Transition House Desk: 902-543-3999 or 888-543-3999</p> <p>Outreach: 902-543-9970</p> <p>http://harbour-house.ca/</p> <p>Administration 902.543.3665 executivedirector@harbour-house.ca Outreach 902.543.9970 outreach@harbour-house.ca Child and Youth 902.543.9970 youth@harbour-house.ca</p>
Native Council of Nova Scotia	The Native Council of Nova Scotia is the self-governing authority for the large community of Mi'kmaq/Aboriginal peoples residing off-reserve in Nova Scotia throughout traditional Mi'kmaq territory. Our goal is to operate and administer a strong and effective Aboriginal Peoples Representative Organization that serves, advocates and represents our community.	<p>Website: https://www.ncns.ca</p> <p>Head office: 129 Truro Heights Rd Truro, NS B6L 1X2</p> <p>Multiple offices and contacts serving various communities. See details in contact tab of website.</p> <p>NCNS Liverpool Regional Office: 902-895-1523 ext. 221 180 White Point Road, PO Box 2021 Liverpool, NS, B0T 1K0</p>

Who?	What?	When & Where?
		T: 902-354-2751 F: 902-354-2757
Caregivers Nova Scotia	<p>Caregivers Nova Scotia provides programs, services, and strong advocacy for caregivers.</p> <p>With ongoing support from our funders, Board of Directors, allied organizations, volunteers, and caregivers themselves, we're dedicated to providing recognition and practical assistance to friends and family giving care.</p>	Website: www.caregiversns.org Toll-free: 1.877.488.7390 Email: Info@CaregiversNS.org
South Queens Helping Hands Provided By: Queens Care Society	<p>Mobilizes volunteers to help people within their homes with tasks that are becoming too difficult or that can no longer be done safely. Volunteers are set up with individuals on an “as needed” basis.</p> <p>Some of the tasks that volunteers in the Helping Hands program can assist with include: running errands, picking up mail, changing light bulbs or batteries, taking the garbage, recyclables or a green bin to the curb, various small household jobs, and volunteers may also make a friendly visit to a senior that is isolated or feeling lonely.</p>	Service Website: http://www.queenscaresociety.ca/helping-hands.html Email: info@queenscaresociety.ca Phone: 902-354-4789
Acadia First Nation	<p>Enhancing the quality of living for Acadia First Nation members and their families through community and social development.</p> <p>Multiple departments, resources, and businesses. See website or contact.</p>	Avis Johnson Box 268 Milton, Queens Co., NS B0T 1P0 (902) 354-6074 (home) (902) 350-0547 (cell) andrewfrancis@acadiaband.ca Multiple other contacts... see details on the website “Contact Us” tab

Who?	What?	When & Where?
Seniors' Safety Program	<p>Addresses the safety concerns of seniors by promoting education and awareness about senior abuse prevention, crime prevention, and safety and health issues.</p> <p>Provides: information, educational sessions, and referral services to seniors through direct contact with Seniors' Safety Coordinator.</p>	<p>Queens County: Shelley Walker Tel: 902-350-0231 qcssa19@gmail.com</p> <p>Lunenburg County: Chris Acomb Tel: 902-543-3567 chris.acomb@bridgewaterpolice.ca</p>
United Way of Lunenburg County	<p>United Way is about helping people, linking resources to needs, improving the quality of life, and building stronger communities. A volunteer driven organization with a dual role in the community: to motivate donors and raise money to provide financial resources to strengthen areas in the community and seek out organizations and help create dynamics and partnerships that will affect positive social change in Lunenburg County.</p>	<p>Coordinator: Michael Graves</p> <p>United Way of Lunenburg County PO Box 244, Bridgewater, NS B4V 2W9</p> <p>Telephone: (902) 530-3072 (Voice Mail Only)</p> <p>Cell phone (902) 521-4704 office@lunenburgcounty.unitedway.ca www.lunenburgcounty.unitedway.ca</p>
Autism Nova Scotia – South Shore	<p>Service Changes:</p> <ul style="list-style-type: none"> • Our office remains closed to the public until further notice. All programs, supports and services are virtual. Please contact Rachel by phone or email • Sip N' Connect: Parent-led group for those supporting a person on the spectrum at home. Please contact southshore@autismns.ca to find out the date of the next meeting. 	<p>Chapter:</p> <p>Contact: Rachel Whynot, Autism Support Coordinator</p> <p>southshore@autismns.ca</p> <p>902-514-7489</p> <p>Website: http://autismsouthshore.ca/</p>

Who?	What?	When & Where?
	<ul style="list-style-type: none"> • Teen/Adult Virtual Club: Autism Nova Scotia is offering a online/over the phone social program to help provide social opportunities for teens and adults with autism. This program is open to teens and adults with autism across Nova Scotia. Dates: Wednesdays 5:00-6:30 (Teens) 7:00-8:30 (Adults) For more information and to register; http://www.autismnovascotia.ca/program/70 • Healthy Relationships, Sexuality and Autism (HRSA): Now virtual – HRSA supports adults (19 yrs and up) with autism by introducing concepts of sexuality and social skills through interactive, sex-positive, inclusive sexuality education lessons. http://www.autismnovascotia.ca/program/45 • Person- Directed Planning Program (PDPP): PDPP supports any individual who self identifies as having a disability in developing a person-directed plan. Facilitators work with participants to create meaningful connections in the community, through connecting them to resources and growing their personal support network. This program is adaptable, and can be done over the phone, or via. Zoom. http://www.autismnovascotia.ca/person-directed-planning-program • EmploymentWorks: On hold • GirlStrong: On hold • COVID-19 And Autism Related 	<p>Resources COVID: VISIT http://www.autismnovascotia.ca/covid19</p>

Who?	What?	When & Where?
Community Links	<u>Service Changes:</u> <ul style="list-style-type: none"> None reported. 	Contact: Karen Field, Regional Coordinator for Lunenburg/Queens Karen.Field@nscommunitylinks.ca Location: 902-543-1415
Updated April 29, 2021 Support for Income Assistance Clients	<ul style="list-style-type: none"> Income Assistance moved back to vital teams for a minimum of two weeks. This will mean a small number of staff at the office and remainder working from home. Clients are still encouraged to reach out to their regular workers, leave a message if needed. They can also contact the phone service. 	https://novascotia.ca/coms/employment/income_assistance/index.html Intake team number toll free 1-877-424-1177 Queens District Office 123 Henry Hensey Drive P. O. Box 1360 Liverpool, Nova Scotia BOT 1K0 Child Welfare Services & General Inquiries Phone: 902-354-2771 Fax: 902-354-7460 Lunenburg District Office Provincial Building 99 High Street Bridgewater, Nova Scotia B4V 1V8 General Inquiries Phone: 902-543-5527 Fax: 902-543-6186 Child Welfare Services Phone: 902-543-4554 Fax: 902-543-6186
Early Years:	<u>Service Changes:</u> <ul style="list-style-type: none"> Western Zone Public Health Early Years staff are actively engaging in social distancing to minimize risk to families and communities Continue provide Public Health support to families in the Western Zone 	Contact: 902-543-0850 Website: https://novascotia.ca/dhw/healthy-development/enhanced-home-visiting.asp Location: 215 Dominion Street, Suite 200, Bridgewater, NS, B4V 2K7

Who?	What?	When & Where?
	<ul style="list-style-type: none"> • Effective March 17, 2020 modified service delivery to support families through remote communications rather than in person hospital and home visits • In hospital prenatal and postpartum Early Years Public Health screening will temporarily be suspended • Screens will be completed by telephone • Public Health Nurses (PHN's) will use their assessment and judgement to determine if a postpartum home visit is deemed necessary to support the short term needs of families <p>For families currently engaged in the Enhanced Home Visiting Program Community Home Visitors will provide support by phone, email or through a virtual connection</p>	
Mahone Bay Centre	Birdsall Worthington Pottery Mahoney Bay and Area food bank South Shore Alternate School Nova Scotia Early Childhood Development Intervention Services Hutch, The disc clinic, Tamara Tutoring. Region 6 Waste Management Coastal Action, Art studio Laurel Haslett Mahoney Bay Meditation Centre	45 School St. Mahoney Bay (902) 624-0890 welcome@mahonebaycentre.org
New Germany Promotion Society	New Germany area promotion Society will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive.	Contact: Website newgermanycap.ednet.ns.ca Email: ng_cap@ns.sympatico.ca

Who?	What?	When & Where?
<p>Updated August 7, 2020 Service Canada:</p>	<p><u>Service Changes:</u></p> <ul style="list-style-type: none"> • Service Canada Centre Bridgewater is open for walk in clients who can not self-serve electronically. • Encourage any clients who need Service to use online (Canada.ca) and phone channels • Outreach activities are available virtually. • The Halifax location is also open for any clients who can not self serve electronically. • Other offices in the province are being prepared and will re-open in a phased manner with precautions. 	<p>Website: https://www.canada.ca/en/employment-social-development/corporate/portfolio/service-canada.html Location: 77 Dufferin Street, Bridgewater Nova Scotia B4V 3J1</p>
<p>South Shore Multicultural</p>	<ul style="list-style-type: none"> • Honour local heritage and embrace a culture of inclusion and diversity within our South Shore communities. <p>Provide a warm, social gathering place for community members of diverse cultural backgrounds: make friends, learn about other cultures, teach others about your culture.</p> <p>Help newcomers make social connections and integrate into their new communities.</p> <p>Work toward increasing community education on the value of diversity and inclusion</p>	<p>Executive Director Anne Fownes (902) 521-8939 southshoremulticultural@gmail.com Alternate Contact Shawn Allen, president email: shawn@windwardba.com</p>
<p>Bridgewater and Area Lions Club</p>	<ul style="list-style-type: none"> • During the years, our club has been very supportive of the local hospital, Lions Foundation of Nova Scotia, and the Lions Foundation of Canada (Dog 	<p>President: PeterWagner 902-543-2998</p> <p>Membership Chair/Webmaster: Bill Bruhm 902-543-7415 billbruhm@gmail.com</p>

Who?	What?	When & Where?
	<p>Guides). We have participated in many youths, sight and diabetes programs at the local and provincial levels. Major contributions have been made to school programs at Pentz Elementary, Hebbville Academy, Bridgewater Elementary and Bridgewater Jr. School. We have assisted with the purchase of eyeglasses, hearing aids and helped many individuals with medical expenses. Whenever a social or health related need is identified our club rose to the occasion and assisted with expenses.</p>	<p>Secretary: Judith Purcell</p> <p>Health and Welfare: Peter Wagner 902-543-2998</p> <p>Bridgewater and Area Lions Club</p> <p>100 High Street, Box 180 Bridgewater Nova Scotia Canada B4V 1V9</p>

Education Supports

Who?	What?	When & Where?
Queens Learning Network	<p>At Queens Learning Network, we offer free academic upgrading to adults who want to improve their literacy skills in reading, writing and math. We also assist students with enhancing employability skills and preparing for other programs or the GED. Our services are free and are for anyone in Queens County who is 18 years of age or older and not currently in school. Classes are currently offered in online, in-person or blended learning options as well as the option to work from home using paper materials. The variety of options gives learners more choices for how they achieve their goals.</p>	<p>You can contact us by dropping by our location; 279 Main Street, Liverpool Nova Scotia 902-354-3635 Email: queenslearning@ns.aliantzinc.ca 8:30 - 3:00pm Monday to Thursday 8:30 - 12:00pm on Friday</p>
Adult Learning Program	<p>Service Description</p> <p>Offers the Nova Scotia high school graduation diploma for adults.</p> <p>Designed to meet the needs of adult learners who do not have a high school</p>	<p>Contact Us</p> <p>902-543-4608 lunenburg.info@nsc.ca Student Services: 902-543-2295</p> <p>Fax: 902-543-0190</p>

Who?	What?	When & Where?
	<p>diploma. If students have some grade 11 or 12 credits, they can count towards the diploma. Other credits (from vocational school, colleges, or universities) may be accepted as transfer credits. Credits may also be granted through a process of recognizing prior learning. Documentation of all previous credits is required.</p> <p>Program is available on a part-time and full-time basis and can be completed in-class, online, or through a combination of courses delivered in-class and online.</p> <p>Eligibility</p> <p>Must be 19 years and older, have been out of school for at least one year, and not have a high school diploma * To be admitted to the program all students must meet with a counsellor to complete an assessment process</p>	<p>Service Website: http://www.nsc.ca/learning_programs/programs/plandescr.aspx?prg=ALP&pln=ALPLEVEL4</p> <p>Website: http://www.nsc.ca</p>
<p>Employment Solutions Society Lunenburg County Adult Learning Opportunities</p>	<p>Our programs are at no cost and have open attendance, you can attend when you are able. We make every effort to fit programs to your current lifestyle! Our Programs are available to adults 19 and over who have been out of school for at least one year.</p> <p>Level I, Level II and Level III are offered at 215 Dominion Street, Bridgewater, NS. Level IV is offered at NSCC. Smaller classes allow our instructor to give each learner all the time they need to be successful.</p> <p>Classroom Activities, GED, Essential Skills, Step Up! (Social), Computer Courses, Driver's Handbook, Volunteer Tutors.</p>	<p>Bridgewater: 8:30-4:30 Monday to Friday 215 Dominion St., Bridgewater, NS B4V 2K7 Phone: (902) 543-2479 Toll Free: 1-866-711-0411 Fax: (902) 543-0284 empsolutions.ca email: info@empsolutions.ca</p>
<p>Nova Scotia School for Adult Learning</p>	<p>NSSAL programs are designed to serve Nova Scotian adults who want to:</p>	<p>1 877-466-7725 (Toll-free) https://novascotia.ca/adult-learning/</p>

Who?	What?	When & Where?
	improve their essential skills which include reading, math, computer, and other important academic and workplace skills; work towards a <u>Nova Scotia High School Graduation Diploma for Adults</u> or prepare for the <u>General Education Development</u> (GED) tests; and/or upgrade their high school credits to qualify for post-secondary education.	
Shelburne County Learning Network	To increase the literacy and other essential skills of Shelburne County adults which will contribute to the social and economic development of our communities.	Barrington: 902-637-4333 Shelburne County Learning Network P. O. Box 441 Barrington Passage NS B0W 1G0 Shelburne: 902-875-2222 25C King Street Shelburne B0T 1W0
Vocational Services	Provides access to vocational training, workplace education, social, recreational, and educational programs based on personal skill development. Education focuses on skills in areas of literacy, mathematics, and computer technology.	Client Services Coordinator: 902-543-1189 ext 1 General Inquiries: 902-543-1189 Fax: 902-543-6041 Email: <u>theark@ns.sympatico.ca</u> Website: <u>http://www.thearkns.org</u>
Western Halifax Community Learning Network	Community-based non-profit organization that provides quality adult learning programs in the Halifax area.	<u>https://www.hcln.ca</u> T: 902-422-7648 <u>info@hcln.ca</u> 1657 Barrington St., Halifax, NS B3J 2A1
Language School Lunenburg	LEARN with our highly trained and vibrant English-language teaching professionals. We offer small classes and English Language Programs suitable for all language learners. ACLA Atlantic Canada Language Academy.	+44 20 3966 7274 (902) 634-6111

Who?	What?	When & Where?
		97 Kaulbach St., Lunenburg, NS B0J 2C0 https://www.eurocentres.com/language-school-lunenburg#section-2 Email; admissions@studyatlantic.com www.studyatlantic.com
Immigrant Services Association of Nova Scotia (isans)	ISANS recognizes the key role of immigrants in Canadian society. We work with newcomers to help them build a future in Canada. We provide a wide range of services to immigrants, from refugee resettlement to professional programs, from family counselling to English in the Workplace.	Monday – Friday, 8:30am – 4:30pm info@isans.ca Mumford Professional Centre 6960 Mumford Road, Suite 2120 Halifax, NS, B3L 4P1 902-423-3607 Toll Free: 1-866-431-6472 Bayers Road Professional Centre 7071 Bayers Road, Suite 164 Halifax, NS, B3L 2C2 902-406-3558 2717 Joseph Howe Drive, Second Floor Halifax, NS, B3L 4T9 902-406-7794
National Student Loans	Helps provide student loans for students looking to enroll in post secondary education	Contact: Toll Free 1 888 815-4514 Website: https://www.csnpe-nslsc.canada.ca/en/home Location: National Student Loans Service Centre, P.O. Box 4030, Mississauga ON, L5A

Food Banks/ Soup Kitchens

Who?	What?	When & Where
Bridgewater Interchurch Food Bank	Provides emergency food support to those in need. Normally provides three to five days of food. Food donations accepted. Allow access every two weeks	Bridgewater: Tuesday & Friday: 1pm – 3:30pm 902-543-1915 150 Churchill St., Bridgewater

Who?	What?	When & Where
Lighthouse Food Bank Society	Providing food staples to clients in Municipality of Chester for over thirty-one years.	Chester: Wednesday: 9:30am – 12:30pm 902-275-5304 8 Tremont St., Chester
Lunenburg Interchurch Society	The Lunenburg Interchurch Foodbank serves folks in the Lunenburg area.	Lunenburg: Hours: Tuesday 9am - 12pm 902-521-1078 136 Cumberland St.
Mahone Bay Area Food Bank Association (Feed Nova Scotia)	Our mission is to increase food security through food distribution, education, and collaboration.	Mahone Bay: Tuesday: 9:30am – 12pm 2nd and 4th of each month 902-624-0890 45 School St., Mahone Bay
New Germany Area Food Bank (Feed Nova Scotia)	Our mission is to increase food security through food distribution, education, and collaboration.	New Germany: Wednesday: 10am - 12pm 902-644-3336 5341 Upper Branch Rd., New Germany
Queens County Food Bank	Eligibility - Individuals in need of food * Clients can access the food bank every four weeks * Based on information contained in the FEED NOVA SCOTIA membership database and Client Registry History	Liverpool: Hours: Tuesday: 10am - 3pm 902-354-4894 108 College St., Liverpool
Salvation Army Community & Family Services	Food vouchers available once every 90 days for individuals who find themselves in an emergency situation	Bridgewater 902-543-5471 215 Dominion St.,
Shelburne Loyalist Food Bank (Feed Nova Scotia)	Our mission is to increase food security through food distribution, education, and collaboration.	Shelburne: Wednesday: 9am –12pm 902-875-3823 21 Anne St., Shelburne
Souls Harbour Bridgewater	Provides a hot meal to those in need.	Bridgewater: General Inquiries: 902-530-5030 Email: mporter@shrm.ca Website: http://www.shrm.ca

Who?	What?	When & Where
Community Café:	<u>Service Changes:</u> <ul style="list-style-type: none"> Take out ONLY Wednesdays 5-530pm 	Contact: Community CAFÉ on Facebook Website: Community CAFÉ on Facebook Location: St Paul's Lutheran Church Hall at 25 Phoenix Street, Bridgewater

Youth Resources

Who?	What?	When & Where?
Freeman House	<p>Youth Outreach is a responsive program for people aged 16-24 that provides services responding to the needs of young people in the community. Some of the support and services you can find with the Freeman House Youth Outreach team are:</p> <p>Safe space, Outreach support and services, Healthy relationships support and services, Personal and life skill development support and services, Youth engagement and contribution support and services, Community collaborations and connections</p> <p>Through these supports we hope to help you achieve improved access to your basic needs, increased positive, healthy relationships with peers and caring adults and increased sense of belonging along with many others!</p>	<p>Bridgewater: Contact: 902-543-7444 or Toll Free 1-877-882-7722</p> <p>Website: FSAWNS.com @FSAWNS on all platforms (twitter, IG, FB)</p> <p>Location: 48 Empire Street, Bridgewater, NS B4V 2N1</p>
Youth Zone, Lunenburg County YMCA	<p>The YMCA of Southwest Nova Scotia provides vital services such as health, fitness and recreation, childcare, newcomer and youth programs. The YMCA is an inclusive organization connecting people to life-building opportunities, to each other and enhances their quality of life.</p> <p>Currently not offered Due to covid -19</p>	<p>Bridgewater: 75 High St, Bridgewater NS B4V 1V8</p> <p>Phone: 902-543-9622</p> <p>Email: Kim.roy@ns.ymca</p> <p>Website: http://www.ymcacalunenburgcounty.org</p>
NSCC: Achieve	A 1-year program that prepares students for life after high school by focusing on	<p>Lunenburg: General Inquiries:</p>

Who?	What?	When & Where?
	<p>employability, independent living, and personal wellness and safety. Works with students to develop a personalized plan for independent and healthy living.</p> <p>Eligibility</p> <p>Individuals 18-21 years of age who have a high school diploma or equivalent with an Individual Program Plan (IPP) - Academic, Social/Behavioural, or Life. Applicants must be able to: Function in a post-secondary educational environment without a teacher's assistant * Manage their own personal care * Demonstrate appropriate behaviour for a college and community environment * Have the capacity to function in a group environment without one-on-one support</p>	<p>902-543-4608 Student Services:</p> <p>902-543-2295 Fax: 902-543-0190</p> <p>Service Website: http://www.nsc.ca/learning_programs/programs/PlanDescr.aspx?prg=ACHV&pln=ACHIEVECOC</p> <p>Email: lunenburg.info@nsc.ca</p> <p>Website: http://www.nsc.ca</p>
Bikes for Kids	<p>Refurbishes gently used bikes and gives them to kids and their parents who can't afford to purchase one.</p> <p>Bikes are distributed in June during National Bike Week. Accepts donations of bikes from the last week September to the first week of November of each year.</p>	<p>Lunenburg: General Inquiries: 902-530-3072 Voice Mail Only General Inquiries: 902-521-4704 Email: office@lunenburgcounty.unitedway.ca Website: http://www.lunenburgcounty.unitedway.ca</p>
PROKids	<p>Provides financial assistance to children and youth who, due to lack of funds, are not able to participate in sport, recreation and cultural activities.</p> <p>Families can access funds to cover the cost of registration fees, equipment and transportation for a sport or recreational activity of your child's choice.</p>	<p>Bridgewater: 60 Pleasant St., Bridgewater, NS B4V 3X9 Phone: 902-541-4367 Fax: 902-543-6876 Email: diana.johnson@bridgewater.ca</p>

Who?	What?	When & Where?
SchoolsPlus	Collaborative interagency approach supporting the whole child and their family with the school as the center of service delivery.	South Shore Regional Centre for Education T: 902-521-9817 Website: https://www.ednet.ns.ca/schoolsplus/en/w hat-schoolsplus ljensen@ssrce.ca
Updated May 10, 2021 Big Brothers Big Sister of South Shore		Contact: 902-543-4435 Website: southshore.bigbrothersbigsisters.ca Location: 821 king Unit 7 Danielle Wile is now the Acting Executive Director/ Events Coordinator

Legal Support

Who?	What?	When & Where?
Mi'kmaw Legal Support Network	The CMM Legal Advisor provides in- house legal services to the CMM and its five affiliated entities, Mi'kmaq/Maliseet Nations News Association (MMNN), Eastern Woodland Print Communications (EWPC), Mi'kmawey Debert Cultural Centre (MDCC), and Mainland Mi'kmaq Developments Inc. (MMDI)	Monday to Friday: 8:30am – 4:30pm Toll Free 1-877-379-2042
Nova Scotia Legal Aid	Nova Scotia Legal Aid has many free legal services to help adults and youth facing a range of legal issues. Legal Advice offered to all Nova Scotians (no financial qualification): Advice at court from a Duty Counsel lawyer if you've been charged or detained. Advice over the telephone if you are under arrest and in police custody. Summary advice at Family Courthouses, in the community, or in any of our service offices.	Bridgewater, NS Nova Scotia Legal Aid 202-141 High Street Bridgewater, NS B4V 1W2 902-543-4658 Toll Free 1-866-543-4658 Fax 902-543-3044 Liverpool Sub-Office Nova Scotia Legal Aid 212 Main Street 902-354-3215 Toll Free 1-866-543-4658
South Shore Community Justice Society	Our office administers the Restorative Justice Program in Lunenburg and Queens Counties	Bridgewater: Monday to Friday: 8:30-4:30

Who?	What?	When & Where?
	for youth and adults who have come into conflict with the law	(By appointment only due to COVID-19) 129 Aberdeen Rd, Suite 208, Bridgewater, NS Phone: (902) 543-1841 Fax: (902) 543-1766 Office cell: (902) 298-3700 Email: sscjs@eastlink.ca
Nova Scotia Legal Aid Commission	Nova Scotia Legal Aid provides some level of help to all Nova Scotians with a focus on providing support for the most vulnerable and historically disadvantaged including First Nations Peoples, African Nova Scotians, Immigrants and economically disadvantaged persons.	Phone: 902-420-8815
reachability Association	Provides supportive and accessible programs that build capacity for inclusion and equalize playing field for people facing barriers.	Suite 201 3845 Joseph Howe Drive Halifax, NS B3L 4H9 https://www.reachability.org T: 902-429-5878 1-866-429-5878 info@reachability.org Monday – Friday: 8am – 4pm
Updated April 28, 2021 Bridgewater Justice Centre:	<ul style="list-style-type: none"> • All Court inquiries should be made by telephoning the main line 902 543-04679. If members of the public have to do business with the Court we will make an appointment to do so. • Mandatory masks are required to enter the courthouse and Sheriff Services will screen everyone at the door before entry. • Collecting names and numbers at the front counter for contract tracing purposes. This practice will cease once we return to a recovery mode. 	Contact: 902-543-4676 Website: https://www.courts.ns.ca/ Location: Provincial COURTS Bridgewater Provincial Court 141 High St, Bridgewater, NS B4V 1W2

Who?	What?	When & Where?
	<ul style="list-style-type: none"> The Court Administration office is open and staffed Monday through Friday 8:30 – 4:30. 	
Correctional Services	<p><u>Service Changes:</u></p> <ul style="list-style-type: none"> Offices have remained open throughout and all staff are now working back in the office while following Public Safety Guidelines Scheduling more in office appointments with clients, while also continuing work with clients virtually (via telephone, no online services at this time) Covid screening takes place with all clients before they come into the office As per Public Safety Guidelines, masks are required for anyone entering the office Meetings with outside agencies are happening again while following safety protocols All offices equipped with proper PPE and cleaning supplies 	<p>Contact: 902-543-4721 (Bridgewater) 902-354-5532 (Liverpool) Email: raeann.fleury@novascotia.ca (Liverpool Probation) Website: https://novascotia.ca/just/Corrections/Community_Offices.asp Locations: Provincial Building, 99 High Street, Suite 216, Bridgewater 76 Water Street, Liverpool</p>

Housing Information

Who?	What?	When & Where?
Western Regional Housing Authority	Housing Nova Scotia relies on the expertise and professionalism of its regional Housing Authorities (HA) staff for the maintenance of safe, suitable, and affordable housing for the benefit of low-income Nova Scotians.	<p>Bridgewater office 99 High Street Bridgewater, NS B4V 1V8</p> <p>Phone: (902) 543-8200 Toll Free: 1-888-845-7208 Fax: (902) 527-1357</p>
Support Services Group Co-operative	Seeks to encourage self-supported and self-managed living for members in a manner that allows maximum freedom and dignity. The co-	<p>General Inquiries: 902-530-3775</p>

	<p>operative: helps organize and maintain suitable housing of members, provides support and assists members with all challenges of independent living, provides learning opportunities for members that will increase skills and independence, provides social support and a social network for members, liaises between members and their families.</p>	<p>Fax: 902-530-3776</p> <p>Website: http://www.ssgns.ca</p> <p>Bridgewater Office - 6 Alexander Ave. Apt.#5 Bridgewater NS B4V 1G8 902-530-3775 Fax 902-530-3776</p> <p>Head Office - Support Services Group 82 Tacoma Dr. Suit 207 Dartmouth NS B2W 3E5</p>
<p>Housing: Lunenburg Queens Homelessness Prevention and Housing Support Program</p>	<p><u>Service Changes:</u></p> <ul style="list-style-type: none"> • Continue to work to ensure those who are the most vulnerable to the pandemic are able to remain safe, connected, and cared for in their communities • Busier than ever supporting local neighbors in relocating people experiencing homelessness into any locally available short-term housing, and, working together with partners across the Province, to help any local people who are able to exit temporary shelters and facilities where they could be at elevated risk of contracting the virus. • Pausing the referral process temporarily to best support those currently on the caseload and waitlist. 	<p>Contact: Liz Ryan</p> <p>902-521-5596</p> <p>Rural Housing Development Coordinator</p>

Mental, Sexual and Physical Health

Who?	What?	When & Where?
<p>Alcoholics Anonymous (A.A.), an international mutual aid fellowship enabling its members to stay sober and help other alcoholics achieve sobriety.</p>	<p>Alcoholics Anonymous (A.A.) is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem. A.A. members share their experience with anyone seeking help with a drinking problem; they give person-to-person service or “sponsorship” to the alcoholic coming to A.A. from any source. The A.A. program, set forth in our Twelve Steps, offers the alcoholic a way to develop a satisfying life without alcohol. This program is discussed at A.A. group meetings where one member speaks briefly about his or her drinking experience, and then leads a discussion on A.A. recovery or any drinking-related problem anyone brings up. <i>(Closed meetings are for A.A.s or anyone who may have a drinking problem.)</i></p>	<p>A.A. 24 Hour Support Service: (902) 521-8114</p> <p>Monday – 8pm New Beginnings Group 409 Main St, Liverpool</p> <p>Monday/Friday – 8pm Serenity Group (10 people) Zoom ID#: 630 232 462 Password: 344487</p> <p>Monday/Friday - 7:30pm Back to Basics 78 Alexandra Ave, Bridgewater (Gym) ID 6936191183 Password 383623</p> <p>Tuesday – 8pm One Day At A Time Group 78 Alexandra Ave, Bridgewater</p> <p>Tuesday - 7pm Women’s Party Room Meeting (Limit 10) LCLC–135 N Park St. Bridgewater (“Party Room” by Pool Changerooms)</p> <p>Wednesday – 730pm Fellowship Group 36 John St. – Shelburne (Entrance on Hammond St.)</p> <p>Wednesday – 8pm Action Group 78 Alexandra Ave., Bridgewater (Gym) Zoom ID# 306 487 814 Password 178214</p> <p>Thursday/Saturday – 8pm LaHave Group 29 Phoenix St, Bridgewater</p>

Who?	What?	When & Where?
		<p>Sunday – 7pm Simple Coffee Group 101 Edgewater St, Mahone Bay</p>
<p>Second Story Women’s Centre</p>	<p>We support women and gender-oppressed people, provide safer spaces, and advocate for social change.</p> <p>All of our services are free!</p>	<p>Lunenburg: Monday – Friday 10:00am-4:00pm 18 Dufferin Street Lunenburg, NS B0J 2C0 Phone: (902) 640-3044 Email: info@secondstory.ca</p> <p>COVID HOURS: MONDAY, TUESDAY & THURSDAY 10am - 4pm</p> <p>WEDNESDAY 11am - 4pm</p> <p>FRIDAY Staff working remotely 10am - 1pm</p>
<p>South Shore Sexual Health</p>	<p>Our services are free for everyone. We welcome all ages, abilities, genders, and orientations!</p> <p>Compassionate Items, The Transformation Closet: Gender Affirming Gear, Education, Guidance, Resources and Information, Free or Low-Cost Safer Sex Supplies and Pregnancy Tests.</p>	<p>Bridgewater: Monday – Thursday 8:30am-4:00pm 109 Logan Road, Unit 1B, Bridgewater Email: southshoresexualhealth@gmail.com Website: http://www.sexualhealthlunenburg.com/ Phone: (902) 527-2868</p> <p>COVID Contact: provincialcoordinator@shns.ca</p>
<p>Community Drop – In Bridgewater, Health Authority</p>	<p>Dawson Centre is located on Dufferin St. in Bridgewater. It also houses various businesses as well as the mental health and addictions clinic.</p>	<p>Bridgewater: General Inquiries: 902-543-5400</p> <p>Monday, Wednesday, Thursday and Friday: 8:30 a.m. to 4:30 p.m. Tuesday: 8:30 a.m. to 8 p.m.</p> <p>197 Dufferin Street Bridgewater, NS</p> <p>Website: https://mha.nshealth.ca/en/clinics/dawson-centre</p>

Who?	What?	When & Where?
Disability Support Program	Provides support to persons with a disability in an approved, private family home. The program provides a family-like setting for individuals who may require varying levels of support and supervision, may prefer living with a family and will benefit from the additional support a family environment can provide.	Toll-Free Number: 1-877-424-1177 Service Website: http://www.novascotia.ca/coms/disabilities/AlternativeFamilySupport.html
VON Queens County	Easy Movers Exercise Program, Foot Care Clinics, Frozen Favorites - Queens County District, General Home Visiting Nursing Program, Hips and Knees, Meals on Wheels – Liverpool, VON Queens County Transportation Program	Liverpool: General Inquiries: Phone: 902-354-3297 Fax: 902-354-5520 Toll-Free: 1-866-540-2360 Nursing Related Visits Email: lisa.tarr@von.ca Website: http://www.von.ca
Canadian Mental Health Association	Service Changes: <ul style="list-style-type: none"> • FREE newly created COVID-19 virtual Information – Wellness Resource Hub https://caringtogether-cmhans.ca providing the latest information and resources regarding COVID-19, contains links to wellness resources and activities to support their health, resilience, and wellbeing during these uncertain times] <ul style="list-style-type: none"> • Contact them if you have resources to add to the Wellness Hub; such as: • Facebook events • Online recreational activities • Activities to help keep children occupied and help parents cope 	<i>Contact: 902-466-6600 or Toll Free 1-877-466-6606</i> Director: Pamela Magee 902-466-6600 ext 203 Email: pamela@novascotia.cmha.ca Website: https://novascotia.cmha.ca/ Location: 45 Alderney Drive, Suite 200, Dartmouth, Nova Scotia, B2Y 2N6

Who?	What?	When & Where?
	<p>during the work-from- home, work-day</p> <ul style="list-style-type: none"> • Healthy lifestyle tips and ideas • Self-Care resources, tips and ideas 	
Mental health Services Bridgewater	<p><u>Service Changes:</u></p> <ul style="list-style-type: none"> • Government of Canada has announced its plan to pause the repayment of Canada Student Loans until September 30th, 2020, with no accrual of interest • Pending parliamentary approval, these measures will become effective March 30th, 2020 • This will include pre-authorized debits • Up to date details at https://www.csnpe-nslsc.canada.ca/en/home 	<p>197 Dufferin St. (902) 543-5400 heather.norwood@nshealth.ca</p>